The Little Book of Gratitute



You have to love this book. A quality made hardcover publication in a gorgeous bubble-gum pink. Every page is filled with wisdom on how to be kind to yourself and appreciate others. As I write this, the cheapest price elsewhere is \$14.25... Check out our incredible price.

Rating: Not Rated Yet

Price:

Variant price modifier:

Base price with tax: \$3.95

\$3.95

GST Inc\$0.36

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Description

With this gift, Mums can start feeling uplifted and empowered by the abundance of blessings surrounding their every day.

Comes with a gorgeous organza gift bag - Ideal for perfect gift-giving!

Wouldn't it be wonderful to start each day with a sense of gratitude and positivity, knowing that you have the power to shape your own

happiness?

Many Mums today struggle with stress, anxiety, and negativity, often feeling overwhelmed by the challenges of motherhood and daily life.

Enter our "Little Book of Gratitude". It provides thoughtful tips and exercises to help readers shift their focus from negativity to appreciation, encouraging them to find joy in the little things and embrace the family with a more positive outlook.

By practicing gratitude regularly, Mums can experience a transformation in their mindset and overall well-being. They'll learn to notice and appreciate the blessings in their lives, leading to increased happiness, resilience, and inner peace.

Book measures 13.5cm x 11.50cm x 2.2cm and has 191 informative pages.